

TRAVEL ARRANGMENTS

(*) You have options which airport to fly into (although it's likely Fiumicino, FCO will be the most convenient for you), but ultimately all travel will lead you to the Frosinone train station and from the Frosinone train station your pick-up can be arranged by cab, car, bus or shuttle. See below for more details.

Note: All participants arrive in Patrica the day before the program starts.

Arrival at Fiumicino Airport (FCO):

- From the airport, take the **Leonardo Express** train directly to Roma Termini, the main train station in Rome. The train ride takes about 30 minutes. Leonardo Express trains run every 15 minutes (30 minutes at certain time of the day)
- At Roma Termini, take a **train heading to Frosinone**. The journey takes about 1 to 1.5 hours. There are over 20 trains during the day on this route. Be sure to validate your ticket at one of the yellow validation machines before boarding the train.
- Once you arrive at Frosinone train station, we will arrange for a shuttle to pick you up and take you to your accommodation in Patrica, which will take about 25 minutes from the station.

Arrival at Roma Ciampino Airport (CIA):

- From the airport, take a **shuttle bus** to Roma Termini, the main train station in Rome. The shuttle ride takes about 40 minutes. Shuttle buses run every 30 minutes.
- At Roma Termini, take a **train heading to Frosinone**. The journey takes about 1 to 1.5 hours. There are over 20 trains during the day on this route. Be sure to validate your ticket at one of the yellow validation machines before boarding the train.
- Once you arrive at Frosinone train station, we will arrange for a shuttle to pick you up and take you to your accommodation in Patrica, which will take about 25 minutes from the station.

Arrival at Naples Capodichino Airport (NAP):

- From the airport, take the **Alibus shuttle** to Napoli Centrale, the main train station in Naples. The shuttle ride takes about 20-30 minutes. Alibus shuttles run every 15-20 minutes.
- At Napoli Centrale, take a **train heading to Frosinone**. You may need to change trains in Rome (Roma Termini) for the best connection. There are several trains during the day and the total journey time is approximately 2.5 to 3.5 hours. Be sure to validate your ticket at one of the yellow validation machines before boarding the train.
- Once you arrive at Frosinone train station, we will arrange for a shuttle to pick you up and take you to your accommodation in Patrica, which will take about 25 minutes from the station.

If you arrive from any other airport, let us know if you need help to figure out the best public transport.

Also, if any of these are not a viable option and you desire more assistance once you land, please see below.

White-glove service:

Airport pick-up and drop-off at FCO

We understand that some students may need full-service option, so we offer a pick-up and drop-off service as follows:

- Arrival Day: A minibus will meet you at Fiumicino Airport (FCO) at 11:30 am. We'll send you the exact pick-up location details in advance. The drive takes about 1 hour and 20 minutes.
- Departure Day: The minibus will leave at 7:00 am on the departure day, aiming to arrive at Fiumicino Airport (FCO) by 8:30 am.

The cost for this round-trip service is *Euro160.00*.

Feel free to email us with any question you might have regarding travel 😊